



# 8<sup>th</sup> INAS World Half Marathon Championships



Coimbra  
PORTUGAL

19<sup>th</sup> to 22<sup>th</sup> October 2018

**INVITATION TO**  
**8<sup>th</sup> INAS World Half Marathon Championships**  
**Coimbra - Portugal 2018**  
**19<sup>th</sup> to 22<sup>th</sup> October**

Dear sport friends,

The Organising Committee supported by ANDDI-Portugal the Portuguese Sports Association for Intellectual Development and INAS the International Federation for Athletes with Intellectual Impairments, have the pleasure to invite you to the “**8<sup>th</sup> INAS World Half Marathon Championships**” to be held in **Portugal, next 19<sup>th</sup> to 22<sup>th</sup> October 2018**, at **Coimbra**.

Enclose we send you all the information about this event.

We do hope you will appreciate the hospitality of our country, and would be grateful for your confirmation and participation.

We need your answer quickly, so please you have to register your **intent of participation** at <https://inas.sport80.com/events>

We hope to see you all next October in COIMBRA – PORTUGAL.

Yours sincerely,

José Costa Pereira  
President  
ANDDI-Portugal

**FOR CONTACT:**

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## INFORMATION

### 1. ORGANISATION

ANDDI-Portugal - the Portuguese Sports Association for Intellectual Development  
GLOBALSPORT <http://runningwonders.com/>

### 2. STATUS - Sanctioned by

INAS - International Federation for Athletes with Intellectual Impairments

### 3. TECHNICAL SUPPORT

FPA – Portuguese Athletics Federation

### 4. LANGUAGE

English is the official language of INAS event. All material and information will be available in English. The organisers will provide each team with a volunteer for translation.

### 5. DATE

19<sup>th</sup> to 22<sup>th</sup> October 2018

### 6. VENUE

**Coimbra** – Portugal

Is situated about 200Km of Lisbon and 120Km of Porto. A city on the waterfront in central Portugal and the country's former capital, houses a preserved medieval old town and the historic University of Coimbra.



### 7. AIRLINES AND TRANSPORT

Direct fly from several world main airport to Lisbon (200Km) and to Porto (120Km). There are train connections from Oporto and Lisbon to Coimbra

The Organising Committee will provide transportation from and to the Porto airport, as well as during the Championship.

### 8. VISA REQUIREMENT

Visa to come to Portugal might be required for some countries

**9. FULL-BOARD**

The Organising Committee provides a **full board logistic facility for FREE**, which includes accommodation – in double and triple rooms in Coimbra – breakfast, lunch and dinner.

**10. INSURANCE**

The Organising Committee ensures satisfactory arrangements in respect of public liability and professional indemnity.

Participating member organisations are responsible for their own insurance requirement for travel, personal accident, liability and medical matters.

**11. SOCIAL PROGRAMME**

*To be defined.*

**12. PROVISIONAL SCHEDULED PROGRAMME**

October 19 <sup>th</sup> , Friday	Arrival of Delegations
October 20 <sup>th</sup> , Saturday	Training Session Social Programme Technical Meeting
October 21 <sup>th</sup> , Sunday	Competition Awards Ceremony Final Lunch Departure (by evening)
October 22 <sup>th</sup> , Monday	Departure

**13. SPORTS RULES AND REGULATIONS**

According the INAS rules.

**14. ELIGIBILITY / ACCREDITATION / MEDICAL PROVISION / DOPING**

- **Eligibility of athletes:** all participants should be registered with INAS and should appear on the INAS master list until 31<sup>st</sup> August.
- **Accreditation cards:** will be issued to each athlete after she/he personally has proved her/his passport to an INAS officer.
- **Medical support:** will be available at competition venues and accommodation.
- **Doping Control:** Doping Control will be ensured by the Portugal Doping Control Unit.

**15. PARTICIPANTS**

No limit number of participants per country;

For the Team Competition a country has to register a minimum of 3 competitors' men and/or women.

**16. REGISTRATION FORMALITIES must be through the ISMS - <https://inas.sport80.com/events>**

- Intention of Participation - before 31<sup>st</sup> May 2018
- 1<sup>st</sup> entry form (by number) - before 30<sup>th</sup> June 2018
- 2<sup>nd</sup> Entry form (by names) and Arrival form - before 31<sup>st</sup> August 2018

**17. ENTRY FEE for the WHOLE PACKAGE**

200 EURO per person for all members of the delegation (athletes, coaches and staff), for accommodation in twin or triple rooms, full board, transport from / to Coimbra Train Station and Coimbra local transports, social programme, and all ceremonies are included in the whole package.

**18. INAS Accreditation fee**

\$75 | £54 | €61 per team member.

**19. PAYMENT FORMALITIES**

The Entry Fee must be paid to:

<b>BANK</b>	Caixa Geral de Depósitos
<b>ACCOUNT NAME</b>	ASSOCIACAO NACIONAL DESPORTO DESENVOLVIMENTO INTELECTUAL PORTUGAL ANDDI PORTUGAL
<b>NIB</b>	0035 0888 00088552030 39
<b>IBAN</b>	PT50 0035 0888 00088552030 39
<b>SWIFT CODE</b>	CGDIPTPL
<b>ADRESS</b>	Avenida da República, 879 4400-280 Vila Nova de Gaia – Portugal

Specification: Name of your country + WHM Coimbra 2018

**20. CANCELLATION POLICY**

The total amount must be paid at the latest by 31st August 2018 (not reimbursed). The payment is essential in order that the entries can be accepted.

21. **The entry is subject to the INAS Event Entry Terms and Conditions available at**  
[4.19 – Event Entry Policy and Terms & Conditions](#)

22. **ORGANISATION AND INFORMATION OFFICE**

ANDDI – Portugal, ASSOCIAÇÃO NACIONAL DE DESPORTO PARA DESENVOLVIMENTO INTELECTUAL

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Vila Nova de Gaia - Portugal, 12th April 2018

José Costa Pereira

President

ANDDI - Portugal / WHM COIMBRA 2018